

International Meditation Centre

IN THE TRADITION OF SAYAGYI U BA KHIN AND MOTHER SAYAMAGYI

COURSE APPLICATION FORM *(Please complete in BLOCK CAPITALS)*

I wish to attend the Meditation Course to be held from to

Surname: First Name:

Date of Birth: Occupation:

Male Female Nationality:

Do you understand English well? Yes No If No, what language?

Address: Telephone:

Mobile:

Email:

Please give details of someone to contact in case of emergency:

Name: Telephone:

Address:

1. Have you attended courses in the Sayagyi U Ba Khin tradition before? Yes No

If yes, please say when and where was your most recent course.

2. Are you practising any other techniques of meditation? Yes No

If yes, for how long have you been practising them?

3. Are you in good physical and mental health? Yes No

If no, please give details.

4. Are you, or will you be, on any medical treatment at the time of the meditation course? Yes No

If yes, please give details of medication.

5. Do you suffer from any medically confirmed food allergies? Yes No

If yes, please give details. *Please note that only medically confirmed allergies will be recorded.*

6. How did you come to know about this Centre and the meditation course? Could you please name the magazine, website, friend, poster, etc. from which you learned of the International Meditation Centre.

How we use the personal information we hold about you is set out in our Privacy Policy. Please see a copy of this at www.internationalmeditationcentre.org/db/privacy/IMCUK_Privacy_Policy.pdf.

If you have any queries about this policy then please contact secretary@internationalmeditationcentre.org.

We send out a newsletter about future courses 1-2 times a year, and occasionally information about other events, to those on our mailing list. Please let us know if you would like to join this mailing list.

If you would like to receive our newsletter by email (preferred), please tick this box:

If you would like to receive our newsletter by post, please tick this box:

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Sayagyi U Ba Khin Memorial Trust (Charities Act 1960 Registration Number 280134)

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